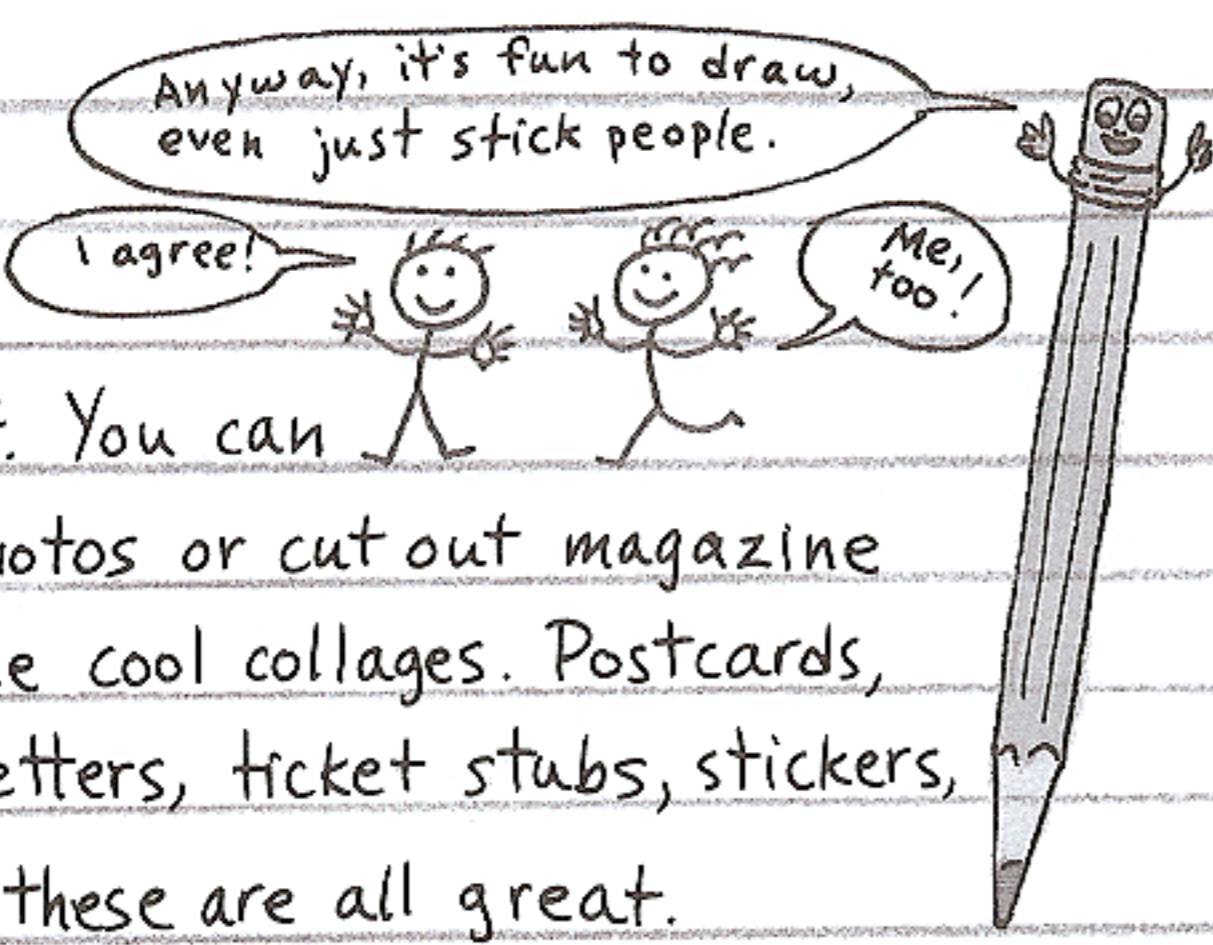


## How to Keep Going

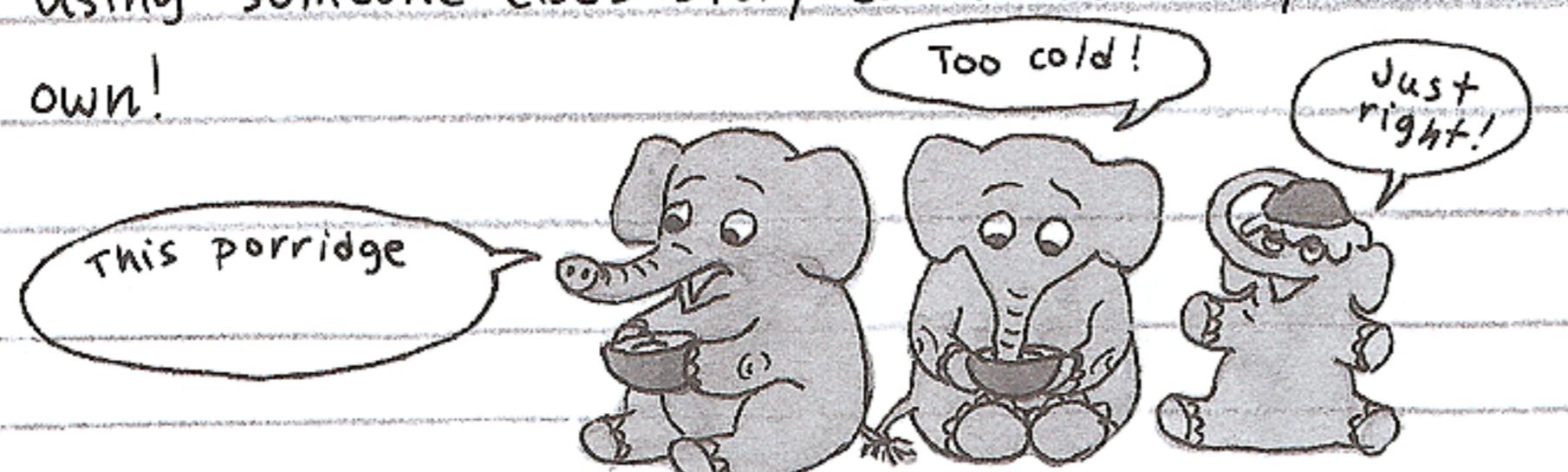
1) Add pictures! Sometimes it's easier (and more fun) to draw something than to write about it. Don't worry about being a great artist. The more you draw, the better you'll get — I promise!



2) Tape in stuff. You can use your own photos or cut out magazine pictures to make cool collages. Postcards, maps, stamps, letters, ticket stubs, stickers, matchbooks — these are all great.



3) If you're stuck and you don't know what to write about, try rewriting a story you know, only with different characters and a different ending (like "Goldilocks and the Three Elephants"). Using someone else's story can kickstart your own!



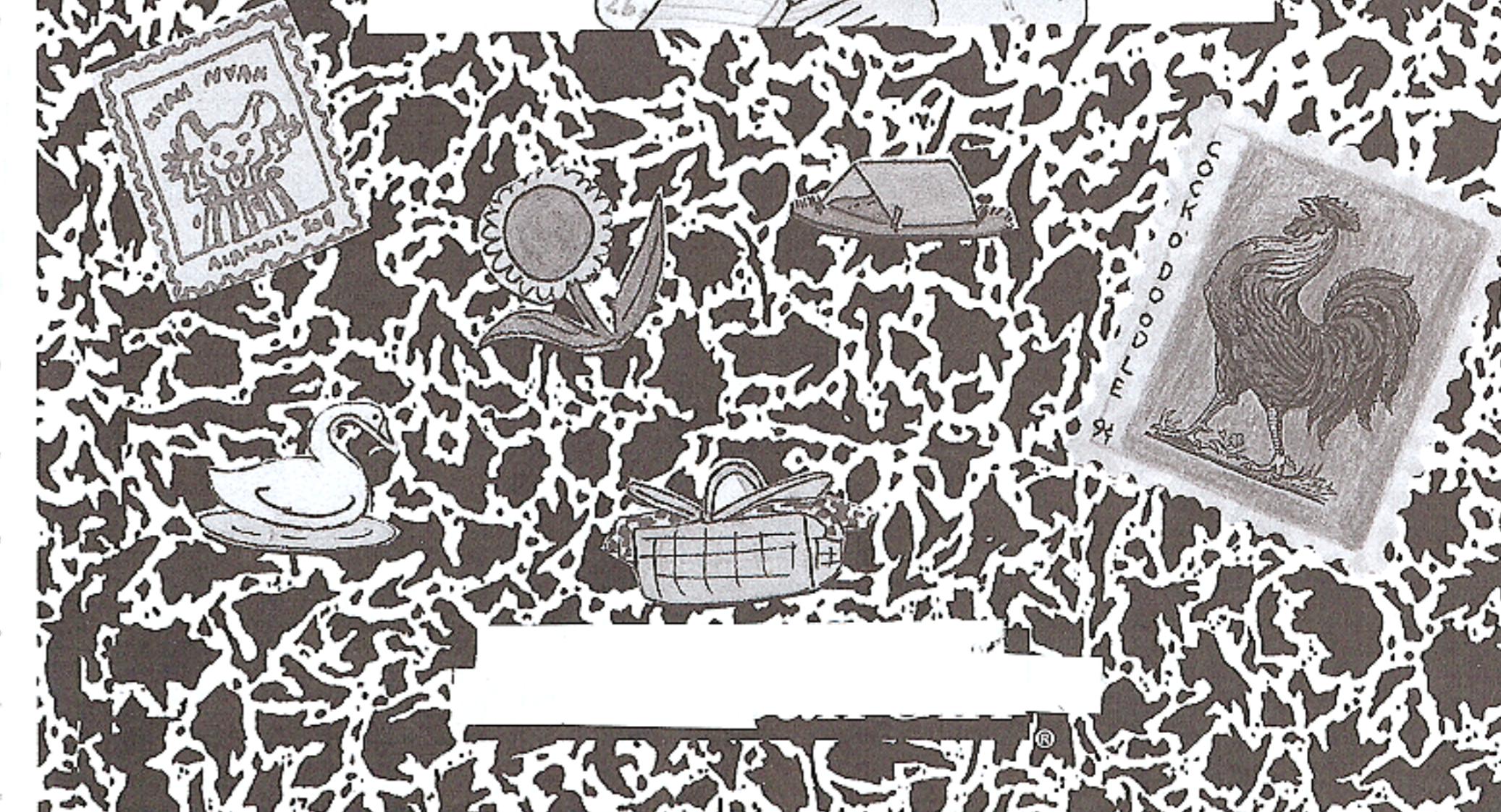
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Write On!

Tips for your own terrific notebook

by Marissa Moss  
(and don't forget Amelia!)



A notebook is a place where you can write or draw whatever you want. You get to be the boss! Here's why I love making notebooks:

1) I can make ANYTHING happen the way I want it to happen.

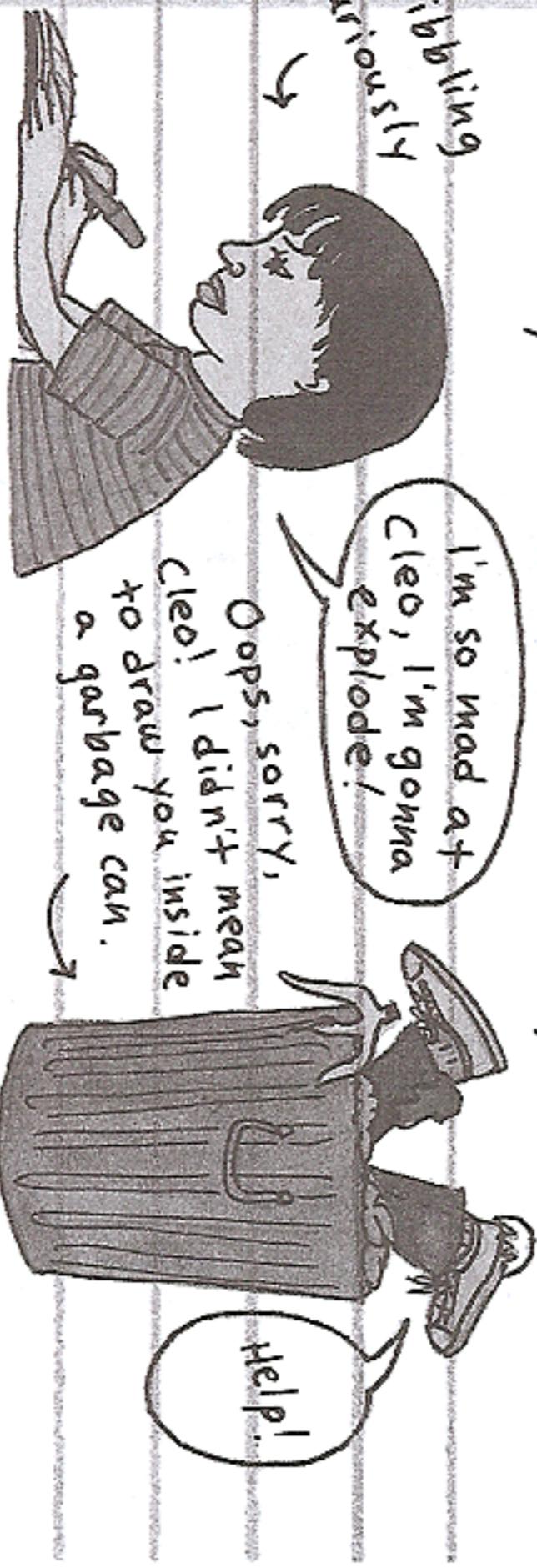
surprise!

2) If I'm mad or sad,

I always feel better

after I write about it.

(Sometimes I don't even know why I feel that way until I write it down!)



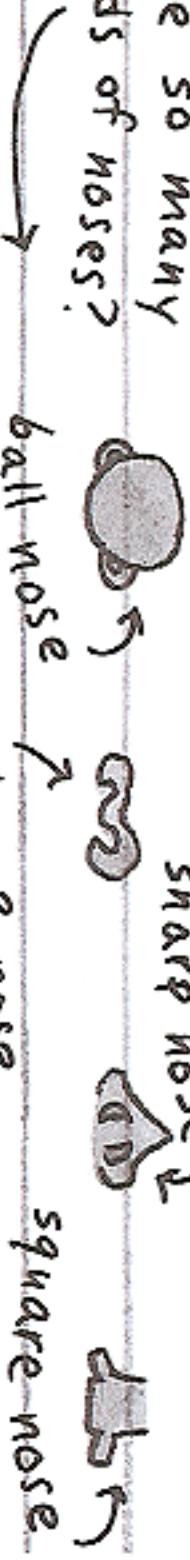
3) It helps me remember stuff I don't want to forget.

No no! That was really funny when that science experiment erupted!



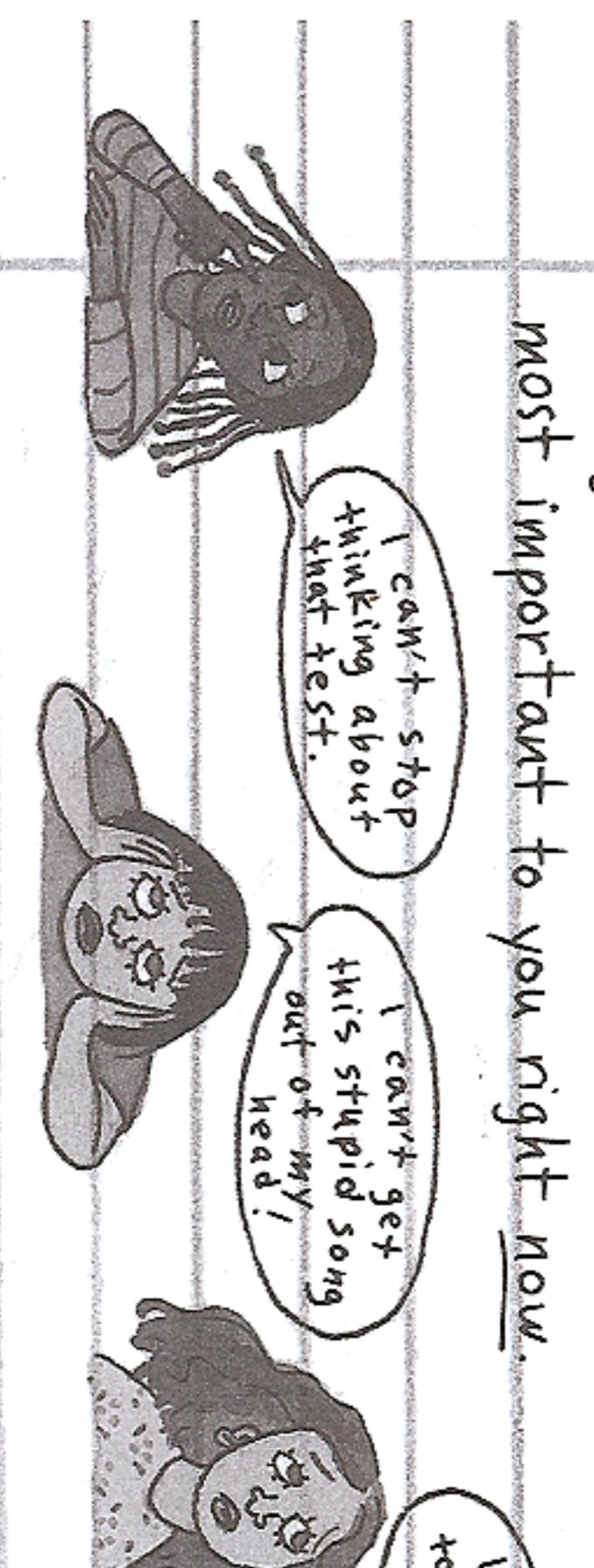
4) It helps me think about things and figure them out.

Why are there so many different kinds of noses?



On your mark, get set, GO! Start your notebook!

And they're off!



One good way to start is to write about what's most important to you right now.

Or introduce yourself to you. How would you describe yourself? What do you like best about yourself?

What do you like least?

